

COUPE

MyPHA | Your Care Coordinator



Your Care Coordinator is here to help you navigate through your healthcare journey. The MyPHA program is a free, confidential service that is included in your Coupe Health plan benefits.

MyPHA will reach out to you based on:

- New diagnosis from your doctor
- New medication filled
- Precertification for a procedure
- Determination of benefits request
- Other medical updates

MyPHA coaching services:

- Education regarding health concerns
- Options for future care
- Nutritional guidance
- Disease prevention / management
- Support throughout your health journey

Want to connect with Care Coordinator?

Contact your Health Valet to begin your journey with the MyPHA program.



Call the number on the back of your member ID card

