



YOUR 2026
GUIDE TO **Live**
Healthy
(AND SAVE MONEY!)



It's easier
than ever
with help
from your

7-ELEVEN
Benefits

What's Inside

Get Started

- 3 Discover How Good Healthy Can Be
- 4 Download the Care Central Mobile App
- 5 Learn about Medical Provider Tiers
- 6 Choose Your Care Path

Choose Your Care Path

- 7 Prevent Cancer and Get Support
- 8 Reduce Aches and Pains
- 10 Manage Chronic Conditions
- 12 Improve Your Mental Wellbeing
- 13 Get Family Health Support
- 14 Schedule an Annual Preventive Exam
- 15 Find a Doctor and Get Medical Care

Know Where to Go

- 16 Contacts

GET STARTED

Discover How Good Healthy Can Be

We want you to live your best life — at work and at home. That means being healthy enough to do the things that bring you joy.

We're making getting and staying healthy easier than ever. Ignoring or delaying care typically results in more suffering and higher costs, so our benefits are designed to help you be proactive and get high-quality care early.

Use this guide to best utilize your benefits to:

- Save money and earn cash incentives
- Find an in-network doctor or specialist
- Understand your treatment options
- Save on surgery costs
- Manage chronic conditions like diabetes or heart disease
- Get a second opinion on a diagnosis
- Get preauthorized for a major procedure
- Find simple steps to build and maintain a healthy foundation
- And more!

Follow along to add more years to your life — and more life to your years — because **healthy is good for everyone.**



GET STARTED

Download the Care Central Mobile App

The Care Central mobile app, powered by Accolade, puts the power of health in your hands. If you are going to do one thing for your and your family's health, download this **free** mobile app today. And invite your covered family members to download it, too.

Important! Care Central is not available to those enrolled in a Kaiser Permanente medical plan. For questions, visit kp.org or call **800-464-4000**.

Use the Mobile App To:

Access Your Benefits

Learn how to use your health benefits for you and your family.

Search for In-Network Doctors

Find quality care, including doctors and specialists, to meet your needs.

Get Expert Medical Opinions

Get support with new diagnoses, upcoming surgeries or prescribed medications.

See a Doctor or Therapist by Video

Get access to primary care physicians, mental health specialists, nurses, care coordinators and psychiatrists – all from the comfort of home.

Message Your Care Team

Get answers to your questions so you can make the best decisions possible.

866-336-0735 / member.accolade.com



Download the App



GET STARTED

Learn about Medical Provider Tiers

You have the choice among three medical plan options: the Consumer Copay Plan, the Standard HSA Plan and the Security HSA Plan. All three plans come with a tiered provider approach specifically tailored to offer you a healthcare experience with the flexibility of choosing how you pay and who you see when you need care.

Here's How the Tiers Work

The tiered provider system ensures that the higher-quality provider you see, the more money you save. The copay you pay when you need care is based on your provider's rating. Green (Tier 1) providers will be the lowest cost and Red (Tier 3) providers will be the highest. As a reminder, providers and services outside of the Blue Cross Blue Shield network are not covered by the Plan.

Need to find a Tier 1 provider? Use the Provider Search and Rating Tool by visiting member.accolade.com or call MyPHA at **469-405-2860**.



GREEN / TIER 1

Doctors/providers that deliver

**THE BEST
OVERALL
VALUE**

to patients in terms
of quality of care and cost.

They use their resources in the most efficient ways and have the **strongest** record of treating patients effectively the first time, which saves money and time.



YELLOW / TIER 2

Doctors/providers that deliver

**INTERMEDIATE
VALUE**

to patients in terms
of quality of care and cost.

They use their resources in somewhat efficient ways and have an **average** record of treating patients effectively the first time.



RED / TIER 3

Doctors/providers that deliver

**LOWER
VALUE**

to patients in terms
of quality of care and cost.

They do not use their resources efficiently and have a **weak** record of treating patients effectively the first time.



Choose Your Care Path

We offer a variety of benefits and programs to help you take charge of your health journey. When you take care of yourself, everyone around you improves — your family, your friends, your community. **Healthy is good for everyone.**

With the right support and guidance, you can move forward with confidence, knowing that each choice you make isn't just helping you feel better — it's helping everyone around you thrive too.



Prevent Cancer and Get Support



Reduce Aches and Pains



Manage Chronic Conditions



Improve Your Mental Wellbeing



Get Family Health Support



Schedule an Annual Preventive Exam



Find a Doctor and Get Medical Care

CHOOSE YOUR CARE PATH

Prevent Cancer and Get Support

If you or someone you love has been diagnosed with cancer, you know how overwhelming it can be – emotionally, physically and financially. We offer resources and programs to support wherever and whenever you and your covered family members may need it.

To Prevent Cancer: Find a PCP

Having a primary care provider (PCP) is important because they get to know your health history and coordinate your care when managing a serious diagnosis like cancer.

866-336-0735 / member.accolade.com

Get a Cancer Screening

Getting age- and gender-related screenings at recommended intervals is critical for detecting potential issues early, when treatment is most effective and outcomes are often better.

Visit cancer.org/cancer/screening/screening-recommendations-by-age.html to see the list of screenings.

Diagnosed With Cancer?

Ask for an Expert Second Opinion

Get answers to your questions about a medical diagnosis, chronic condition, treatment or surgery and get guided through a care plan.

866-336-0735 / member.accolade.com

Access 24/7 Emotional Support

Receiving a cancer diagnosis can be overwhelming. As you face a range of emotions and uncertainties, contact the Employee Assistance Program (EAP), powered by Lyra, to get immediate 24/7 access to experts who can offer guidance and connect you to available resources you may need when managing your cancer diagnosis, including counseling, legal and financial support, childcare, pet sitting, mental healthcare and household support. You and your eligible dependents receive 10 **free** sessions per year with a Lyra counselor, clinician or coach.

877-219-5899 / 7-11.lyrahealth.com /
Email: care@lyrahealth.com

Use an Oncology Nurse Navigator-Led Team

From an initial diagnosis through active treatment and beyond, Lantern's Cancer Care Direct oncology nurse navigator-led team can help you:

- Schedule appointments at top local and regional cancer centers and start your care faster
- Get in-network medical second opinions to reduce costs
- Find virtual and in-person care
- Understand your diagnosis, treatment plan, results and more
- Review and negotiate medical bills
- Navigate the healthcare system and make informed decisions
- And more

As you receive cancer care, your claims will continue to be billed through your regular insurance, not through Lantern.

855-204-3923 / my.lanterncare.com



CHOOSE YOUR CARE PATH

Reduce Aches and Pains

When issues like injury, arthritis or the natural effects of aging get in the way, everyday tasks can become uncomfortable — or even painful. That's why taking care of your musculoskeletal system is so important. It helps reduce pain, improve mobility and keep you active. Because when you move better, you feel better — and **healthy is good for everyone**.

Address Musculoskeletal Pain in Five Easy Steps

1

Schedule an Evaluation

With Vori Health, you can schedule a virtual evaluation to diagnose your spine, muscle or joint condition. You'll be connected with specialty doctors, physical therapists, coaches and nutritionists who will provide you with a personalized treatment plan. If your condition could benefit from regenerative medicine injections, your Vori physician will refer you to Regenexx.

You're required to consult with Vori Health to determine if any imaging, regenerative treatments, surgery or other pain relief options are available.* All of your visits will be 100% covered.

866-970-8674 / vorihealth.com/7-eleven/ /
Email: hello@vorihealth.com

2

Get Imaging (As Needed)

For most patients, additional imaging isn't needed. If your Vori Health physician determines that imaging is necessary for your musculoskeletal condition, they'll order it through Onelming.

To receive coverage under the plan, all MRI and CT scans — regardless of the condition — must be scheduled through Onelming. This includes priority requests, which Onelming will handle promptly. In true emergency situations, such as trauma or life-threatening conditions, imaging will be ordered by the onsite emergency care team.

For all MRI and CT scans related to musculoskeletal conditions that Vori Health treats, Vori Health will approve the request. For MRI and CT scans related to non-musculoskeletal conditions, Accolade will approve the request.

833-619-0837 / join.oneimaging.com/7-eleven/ /
Email: order@oneimaging.com /
Email: help@oneimaging.com

* Please note that your visit with a Vori Health physician is an evaluation, not an automatic clearance for imaging or procedures that may have been previously discussed with you by another doctor. Any imaging orders placed by your doctor before your visit with Vori Health will not be valid. For some very uncommon conditions (for example, a bone tumor), another physician can order imaging, and the order will be processed by Onelming without first requiring an evaluation by your Vori Health physician.



CHOOSE YOUR CARE PATH

Reduce Aches and Pains (Cont.)

Address Musculoskeletal Pain in Five Easy Steps

3

Receive Your Personalized Care Plan

Your Vori Health doctor will make you a personalized care plan based on the cause of your pain. This plan may include virtual or in-person physical therapy, non-opioid pain relief, regenerative medicine injections from Regenexx or surgery.

If surgery is the best option, your Vori Health physician will refer you to top-quality surgeons at Lantern Surgery Care. **To receive coverage for a joint replacement/revision or repair procedure or spinal surgery, you're required to use a Lantern Surgery Care provider.**

833-834-0051 / my.lanterncare.com

4

Understand Your Care Path

If you have any questions about your care or need assistance understanding additional care pathways available to you, Care Central can help. They can also help you locate primary care providers (PCPs) and specialists in your area.

866-336-0735 / member.accolade.com

5

Follow Up and Make Adjustments (As Needed)

Schedule follow-up visits with your Vori Health doctor to make sure your treatment plan is working, and allow for adjustments if the pain persists or if new issues arise.



CHOOSE YOUR CARE PATH

Manage Chronic Conditions

Dealing with a chronic condition like diabetes, high blood pressure, high cholesterol or obesity can be challenging, and losing weight is one way to lower your risk and feel better. Whether you have a little or a lot to lose, these resources can help.

Use These Benefits:

Verily Me

Cardiometabolic Condition Support

Verily Me offers personalized virtual support for managing chronic conditions like type 2 diabetes and high blood pressure. Through the Verily Me mobile app, you get access to digital tools, connected devices (like glucose monitors or blood pressure cuffs) and one-on-one coaching from a care team that includes health coaches, dietitians and even doctors when needed.

Starting Jan. 1, 2026, Verily Me will also provide support for weight management with GLP-1 medications, if clinically indicated. You'll have access to a care team, log meals fast and use simple tools to keep making progress. Clinically indicated GLP-1 medications for weight loss are only covered if you enroll in the Verily Me weight management program and continue to meet the required engagement criteria. Coverage is limited to 24 30-day fills.

833-603-6667 / verilyme.com/7-eleven /
Email: care1support@verily.com

MyPHA

Concierge Health Support

Take charge of your health with a dedicated personal health assistant. From helping you navigate chronic conditions, find doctors and schedule appointments to expert guidance on nutrition, fitness and stress management — they're here to support your wellbeing every step of the way. Plus, they'll ensure you make the most of all the health benefits 7-Eleven has to offer.

469-405-2860 / mypha.as.me/7-eleven /
Email: 7-eleven@mypha.com

AffirmedRx

Prescription Drug Savings

Be sure to check out AffirmedRx and download the mobile app to find out everything you need to know about your prescription drugs, from where to find the lowest cost to what you shouldn't be taking them with.

General Questions: 877-828-2465 /
Clinical Support: 469-472-5052 /
affirmedrx.com/7-eleven / Email:
PCA@affirmedrx.com

Lantern Care*

Bariatric Surgery Support

If you're considering bariatric surgery, Lantern's clinical care team will be there to guide you through every step of the process. From initial consultations to post-surgery care, Lantern provides the support you need to make informed decisions about your health. You'll receive personalized care and advice tailored to your specific needs, ensuring you're fully prepared for the surgery and the recovery process. **Using Lantern is required for bariatric surgery procedures.**

833-834-0051 / my.lanterncare.com

* As a reminder, all joint replacement/revision/repair procedures, bariatric surgeries, spine surgeries and certain infusions are only covered by the Plan if performed through Lantern Care.



CHOOSE YOUR CARE PATH

Manage Chronic Conditions (Cont.)

Use These Benefits:

Wondr Health

Weight Loss Support

Learn how to better support your physical and mental wellbeing with Wondr Health. You and your dependents age 18 years and older can use the program for helpful tips on how to enjoy your favorite foods without going overboard, identify the differences between appetite and hunger, reduce eating due to emotions, sleep better, become more physically active and manage stress.

855-999-7549 / wondrhealth.com/healthyat7-eleven
/ Questions: support.wondrhealth.com

VIVIO Health

Specialty Medications

Use VIVIO Health anytime you're prescribed a covered specialty medication. Instead of automatically filling the prescription at a pharmacy, you'll connect with VIVIO's care team. They'll review your diagnosis, medical history and the latest clinical research to make sure you're getting the most effective treatment — not just the most expensive. If there's a better or more affordable option, they'll work with your doctor to update your care plan. Once your treatment is confirmed, VIVIO helps coordinate delivery of your medication and provides ongoing support to track how well it's working.

800-470-4034 / myvivio.com/7-eleven

Renalogic

Chronic Condition Support

Renalogic provides you and your covered dependent(s) with clinical support if you're diagnosed with chronic kidney disease or end-stage renal disease. Renalogic's team of registered nurses will work with you to help slow disease progression, preserve kidney function, improve overall health and reduce care costs.

Your health plan requires that you complete an initial consultation with a Renalogic Engagement Specialist. This is your opportunity to take charge of your health and protect yourself from serious complications.

833-998-3750 / renalogic.com /
Email: info@renalogic.com



CHOOSE YOUR CARE PATH

Improve Your Mental Wellbeing

Our mental wellbeing impacts how we think, feel and act – shaping how we handle stress, form relationships and navigate life’s challenges. Prioritizing your mental health helps you feel better and be more present for the people around you. And it’s not just about getting through tough times – it’s about building resilience, finding balance and living with purpose each day. Because when you’re at your best, it’s good for everyone.

Use These Benefits:

Lyra

Employee Assistance Program (EAP)

Our EAP, powered by Lyra, offers you and your eligible dependents 10 **free** sessions per year with a Lyra counselor, clinician or coach to help guide your mental health journey.

877-219-5899 / 7-11.lyrahealth.com /

Email: care@lyrahealth.com

Pelago

Substance Abuse Programs

If you are struggling with nicotine, alcohol or drug abuse or addiction, Pelago offers support from anywhere in the United States. Through their program, you can meet with a virtual physician who will guide you through the process of quitting, so you can take the next step in becoming the healthiest version of you. If you complete six weekly coaching sessions through the Tobacco Program provided by Pelago, you’ll avoid the **\$720** annual tobacco use supplemental premium. See more details on the right side of this page.

877-349-7755 / pelagohealth.com/7-eleven

Email: members@pelagohealth.com

Verify Your Tobacco Status When You Enroll and Earn a Wellness Reward

7-Eleven offers a wellness program to help employees and their spouses be tobacco-free. Each year when you and your spouse enroll in a 7-Eleven medical plan, you will be asked to verify whether you use tobacco products. If you and/or your spouse verify that you are tobacco-free, you and/or your spouse can avoid an annual tobacco use supplemental premium under the medical plan for the year, which is up to **\$720** for each of you. If you and/or your spouse attest that you do use tobacco products, you and/or your spouse will each pay up to a **\$720** annual tobacco use supplemental premium under the medical plan for the year.

As a reasonable alternative, however, each year 7-Eleven also provides the opportunity to earn the full wellness reward non-tobacco users can earn for that year. To receive this reward, each year, tobacco users must complete six weekly coaching sessions through the Pelago Tobacco Program, which is provided at no cost to you. Once you complete these six sessions during the year, your tobacco use supplemental premium will be removed retroactively for that year. The same reasonable alternative to earn the full reward through the Pelago Tobacco Program applies to your spouse. To get started with Pelago, visit pelagohealth.com/7-eleven, email members@pelagohealth.com or call **877-349-7755**.

Your health plan is committed to helping you achieve your best health. Rewards for participating in a wellness program are available to all employees. If you think you might be unable to meet a standard for a reward under the tobacco-free wellness program described above, you might qualify for an opportunity to earn the same reward by different means. Contact us at BenefitQuestions@7-11.com and we will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.



CHOOSE YOUR CARE PATH

Get Family Health Support

We offer a variety of programs designed to support women's health, however, these resources aren't just for women — you can use them to ensure that everyone in your family has the tools to stay healthy.

Use These Benefits:

Carrot

Family-Building, Fertility and Menopause Support

If you're planning to grow your family, facing fertility challenges or exploring options like surrogacy or adoption, use Carrot to access fertility-related services, including fertility preservation, egg freezing, IVF and personalized fertility coaching. From understanding your options to managing the emotions that often come with it, you'll receive guidance during each step of the process.

888-817-9040 / get-carrot.com/start /
Email: support@get-carrot.com

Bright Horizons

Backup Childcare and Eldercare

When plans fall through — like during school breaks, bad weather or a family member's recovery — Bright Horizons offers you resources if you need help finding trusted childcare, assisted living or retirement facilities.

877-BH-CARES (242-2737) /
clients.brighthouse.com/7eleven /
Username: **7Eleven** / Password: **Benefits4You**

MyPHA

Personal Health Assistant

If you're navigating reproductive health, menopause, or just looking to improve your overall wellbeing, MyPHA offers concierge support and resources to help you thrive. From helping you navigate chronic conditions, find doctors and schedule appointments to expert guidance on nutrition, fitness and stress management — they're here to support your wellbeing every step of the way. Plus, they'll ensure you make the most of all the health benefits 7-Eleven has to offer.

469-405-2860 / mypha.as.me/7-eleven /
Email: 7-eleven@mypha.com

AffirmedRx

Prescription Drug Savings

AffirmedRx offers prescription drug management and support to ensure you're on the right medications and the best treatment plan, and you're saving money. If you or a loved one is managing chronic conditions, such as diabetes, hypertension or hormonal imbalances, download the AffirmedRx Pulse mobile app to find the lowest costs and understand what you shouldn't be taking your medication with.

General Questions: 877-828-2465 /
Clinical Support: 469-472-5052 /
affirmedrx.com/7-eleven /
Email: PCA@affirmedrx.com

Verily Me

Cardiometabolic Condition Support

Verily Me offers personalized virtual support for managing chronic conditions that can affect women at any stage of life, including during pregnancy or menopause. Download the Verily Me mobile app to access digital tools, connected devices (like glucose monitors or blood pressure cuffs) and one-on-one coaching from a care team that includes health coaches, dietitians and even doctors.

833-603-6667 / verilyme.com/7-eleven /
Email: care1support@verily.com

CHOOSE YOUR CARE PATH

Schedule an Annual Preventive Exam

Getting your annual exam is a simple way to stay on top of your health. It helps catch potential issues early, so you can take care of them before they turn into something bigger — or more expensive.

Choose a PCP

Regular access to a primary care provider (PCP) is associated with lower health costs and longer lifespans. That is why 7-Eleven medical plans cover 100% of the cost for your preventive care, like regular checkups, screenings and immunizations. But often, finding really great primary care providers is a challenge.

When looking for a PCP, remember, 7-Eleven plans cover services from in-network providers only. Your plan gives you access to a network of high-quality primary care providers that can be your trusted partner in managing your overall health. To find a high-quality provider and save money, use the Provider Search and Rating Tool and select a Tier 1 green provider or check out Aligned Marketplace to see an exclusive list of new high-quality, in-network Tier 1 providers. For additional support finding a PCP, contact MyPHA.

469-405-2860 / mypha.as.me/7-eleven /
Email: 7-eleven@mypha.com

Use MyPHA to Schedule Your Exam

Need help scheduling a screening or doctor appointment? MyPHA connects you with a healthcare professional for personalized support — completely confidential and **free** for you and your family.

469-405-2860 / mypha.as.me/7-eleven /
Email: 7-eleven@mypha.com

Use Aligned Marketplace to Find a Provider

With **Aligned Marketplace**, finding the right doctor is simple. You'll have access to a nationwide network of advanced primary care clinics — both in person and virtual — through one easy-to-use platform. Just log in, search by what matters most to you (like location, language or specialty services) and choose a provider that fits your needs.

Get Your Preventive Screening

Preventive screenings can help you detect health problems early and allow you to treat them faster, which can prevent bigger health problems and costs later. If more people would pursue them, preventive care services have the potential to save over 100,000 lives in the U.S. every year. And, we cover 100% of in-network preventive care, so why not take advantage of this benefit and be proactive about your health? Schedule your annual physical and follow your provider's guidance about screenings and immunizations every year.

Covered preventive care includes:

- Physical exams
- Well-child exams
- Mammograms, prostate exams, colonoscopies and other age-related screenings
- Well-woman exams
- Immunizations
- Medical, dental and visions exams

469-405-2860 / mypha.as.me/7-eleven /
Email: 7-eleven@mypha.com

Wellness Screening Incentive

Employees and covered spouses enrolled in a 7-Eleven medical plan have a financial incentive to complete an annual physical each year. Annual physicals are free under your medical plan, and you can complete your exam with your primary care provider (PCP), through an Aligned Marketplace PCP or virtually through Accolade Care. **By completing your annual physical by the deadline, you'll avoid a supplemental medical premium in 2027.**

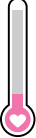



If you're hired prior to April 1, you'll need to complete your annual physical by Aug. 31, 2026. If you're hired April 1 or after, you'll have until Aug. 31, 2027, to complete your annual physical requirement. If you already completed an annual physical prior to joining 7-Eleven, that will count toward the requirement — as long as it was completed on or after Sept. 1, 2025. Track your completion progress on Wellright.

711.app.wellright.com

CHOOSE YOUR CARE PATH

Find a Doctor and Get Medical Care

Here are a few options for understanding where to go for care.

How Do You Feel?	What Should You Do?	What Are Your Needs?	What Can You Get Help With?	How Soon Can You Receive Care?
 <p>VERY MILD</p>	<p>Contact Care Central</p>	<ul style="list-style-type: none"> • Busy or traveling and don't have time to go to your PCP • Looking for after-hours care • Seeking help for a minor health issue 	<ul style="list-style-type: none"> • Common cold • Flu • Allergies • Sinus issues 	<p>24/7 Available anytime</p>
 <p>MODERATE</p>	<p>Visit Your Doctor</p>	<ul style="list-style-type: none"> • Needing general or preventive care • Wanting to see an MD • Willing to wait for an appointment • Wanting a provider to track your health history 	<ul style="list-style-type: none"> • Basic health concerns • Preventive care • Immunizations • Disease management 	<p>Business Hours Check with facility for exact hours</p>
 <p>SEVERE</p>	<p>Go to Urgent Care</p>	<ul style="list-style-type: none"> • Experiencing a serious health issue • Needing fast care that's nearby • Looking for after-hours care 	<ul style="list-style-type: none"> • Sprains and strains • Minor broken bones • Minor infections • Burns 	<p>Extended Hours Often 24/7, but check with facility for exact hours</p>
 <p>VERY SEVERE</p>	<p>Go to the Emergency Room</p>	<ul style="list-style-type: none"> • Needing immediate care • Experiencing a life-threatening condition • Needing multiple resources or specialties 	<ul style="list-style-type: none"> • Uncontrolled bleeding • Chest pain or pressure/difficulty breathing • Major trauma/broken bones • Severe burns 	<p>24/7 Available anytime</p>

Know What to Do if You Need Imaging

All CT and MRI scans are required to go through OneImaging, who will help you get the best care at a lower cost. You can submit your imaging order by texting it to **833-619-0837** or emailing order@oneimaging.com.

If your imaging is related to a musculoskeletal condition, you'll need to start with Vori Health first. Learn more on **page 8**.

Contacts

	Plan/Benefit	Vendor	Info
Benefits Enrollment Assistance	Benefits Service Center	Aptia365	855-429-8837 , M–F, 6 a.m.–8 p.m. / my7-elevenbenefits.com
Medical Care Questions	Care Central	Accolade	866-336-0735 , M–F, 7 a.m.–10 p.m. / member.accolade.com
HEALTH			
Medical	Care Central / Second Medical Opinion	Care Central (Accolade)	866-336-0735 , M–F, 7 a.m.–10 p.m. / member.accolade.com
	Personal Health Assistant	MyPHA	469-405-2860 , M–F, 7 a.m.–7 p.m. CST / mypha.as.me/7-eleven / Email: 7-eleven@mypha.com
	Find an In-Network Provider (BCBS members only)	Blue Cross Blue Shield	Provider Search and Rating Tool: member.accolade.com
	Find an In-Network Provider (Kaiser members only)	Kaiser Permanente	800-464-4000 , 24/7 / kp.org
	Cancer Care	Lantern Cancer Care Direct	855-204-3923 , M–F, 8 a.m.–5 p.m. CST / my.lanternicare.com
	Surgery Care	Lantern Surgery Care	833-834-0051 , M–F, 6 a.m.–10 p.m. CST / my.lanternicare.com
	Imaging	OneImaging	833-619-0837 , M–F, 6 a.m.–9 p.m. / join.oneimaging.com/7-eleven / Email: order@oneimaging.com / Email: help@oneimaging.com
	Virtual Primary Care	Aligned Marketplace	888-254-1828 , M–F, 8 a.m.–4 p.m. CST / aligned.market/711 / Email: member.support@alignedmarketplace.com
		Accolade	866-336-0735 , M–F, 7 a.m.–10 p.m. / member.accolade.com
	Joint and Muscle Pain Relief	Vori Health	866-970-8674 , M–F, 7 a.m.–9 p.m. CST / vorihealth.com/7-Eleven / Email: hello@vorihealth.com
	Chronic Conditions Support	Verily Me	833-603-6667 , M–F, 8 a.m.–5 p.m. CST / verilyme.com/7-eleven / Email: care1support@verily.com
		Renalogic	833-998-3750 , M–F, 8 a.m.–5 p.m. / renalogic.com / Email: info@renalogic.com
	Weight Loss Support	Wondr Health	855-999-7549 , 24/7 / wondrhealth.com/HealthyAt7-Eleven / Questions: support.wondrhealth.com
	Fertility and Family-Forming Support	Carrot	888-817-9040 , M–F, 24/7 / get-carrot.com/start / Email: support@get-carrot.com
Prescription Drugs	Pharmacy Benefit Manager	AffirmedRx Amazon Pharmacy Mark Cuban Cost Plus	General: 877-828-2465 , / Clinical: 469-472-5052 24/7 / affirmedrx.com/7-eleven / Email: PCA@affirmedrx.com Amazon: pharmacy.amazon.com/myw / Cost Plus: costplusdrugs.com
	Drug Management (GLP-1)	Verily Me	833-603-6667 , M–F, 8 a.m.–5 p.m. CST / verilyme.com/7-eleven / Email: care1support@verily.com
	Drug Management (Specialty)	VIVIO Health	800-470-4034 , M–F, 8 a.m.–7 p.m. CST / myvivio.com/7-Eleven

Contacts (Cont.)

Plan/Benefit	Vendor	Info
Dental	Delta Dental	PPQ: 800-521-2651 / HMO: 800-422-4234 M-F, 7 a.m.-7 p.m. CST / www1.deltadentalins.com/members.html
Vision	EyeMed	866-804-0982 , M-F, 6:30 a.m.-10 p.m. CST, Sat, 7 a.m.-10 p.m. CST, Sun, 10 a.m.-7 p.m. CST / eyemed.com

WELLBEING

Employee Assistance Program (EAP)	Lyra	877-219-5899 , 24/7 / 7-11.lyrahealth.com / Email: care@lyrahealth.com
Childcare and Eldercare	Bright Horizons	877-BH-CARES (242-2737) / clients.brighthouse.com/7eleven / Username: 7Eleven / Password: Benefits4You
Tobacco Cessation and Substance Abuse	Pelago	877-349-7755 , 24/7 / pelagohealth.com/7-eleven / Email: members@pelagohealth.com / Questions: benefitquestions@7-11.com
Wellness Incentive Tracking	Wellright	711.app.wellright.com

